

Skin Typing Questionnaire

This information will help our office better evaluate your skin type so the laser treatment will be more effective. Skin type is often categorized according to the Fitzpatrick skin type scale, which ranges from very fair (skin type 1) to very dark (skin type 6).

Skin type is determined genetically and is one of the many aspects of your overall appearance, which also includes the color of your eyes, hair, etc. The way your skin responds to sun exposure is another way of correctly assessing your skin type. Recent tanning, whether by the sun or an artificial tanning booth, even tanning creams, can have a major impact on your skin color evaluation.

Please take a few minutes to circle each statement that applies to you for each category (hair, eyes, skin and tanning ability).

SKIN TYPE	one 	two 	three 	four 	five 	six 
Hair	red, blonde	blonde, red, light brown	chestnut, dark blonde	brown, medium brown, dark brown	dark brown	black
Eyes	blue, grey, green	blue, grey, green, hazel	brown, blue, grey, green, hazel	hazel, brown	brown	brown
Skin	very pale white, pale white	pale white	white, light brown	medium brown, dark brown	dark brown	black
Tanning Ability	burns very easily, never tans	burns easily, rarely tans	sometimes burns, gradually tans	hardly ever burn, tans very easily	Rarely burns, tans easily and quickly darkens	Never burns, tans very dark

Name: _____ Date: _____

Comments: _____

For office use only:

Fitzpatrick Skin Type is: _____